Smoking Cessation Programs

University of Maryland Medical Center

Patient Resource Center, 1st Floor Weinberg 22 S. Green St., Baltimore, MD 21201 No classes, but call for information packet: 410-328-WELL (9355)

University of MD Midtown Campus

827 Linden Ave. Baltimore, MD 21201 Offering the **Freshstart Program** (American Cancer Society) Call 410-225-UWIN (8946)

American Cancer Society Fresh Start Program

Call for dates, times and locations 1-800-227-2345, Option #3

American Heart Association Baltimore Stops Classes

410-246-6700 for locations, dates and times.

Chase-Brexton Health Services, Inc.

1111 N. Charles Street, Baltimore, MD 21201 Free patches, group therapy and behavior modification. Six week courses. Call 410-837-2050, ext. 2617

Baltimore Medical System

Free patches, group therapy and behavior modification. Call Keren Torres-Fabián at 443-703-3633 for locations, dates and times.

CEASE Today, For a Healthy Tomorrow!

Group smoking cessation support group and tobacco relapse prevention. SW and Waverly neighborhoods. Call 443-814-9145 or Website: <u>www.ceasebaltimore.org</u>

MedStar Good Samaritan Hospital

5601 Loch Raven Blvd., Baltimore, MD 21239 Nicotine Anonymous weekly, Mondays, 6:30-8:00 p.m. Call 443-444-4100

Paul's Place

1118 Ward St., Baltimore, MD 21230 (Southwest Baltimore) Five week program for group smoking cessation with 2 month supply of patches. Call Paroma Nandi: 410-625-0775 for dates and times.



Maryland Quitline 1-800-QUITNOW (784-8669)

Baltimore City Health Department For additional information, call 410-361-9765

Maryland Cigarette Restitution Fund Program.

